

WHAT TO DO TO PREPARE FOR HIPPO THERAPY



DREAM THERAPIES

No child can be accepted for hippotherapy/occupational therapy services until the parent/guardian and physician have completed **all** forms, including: medical doctor release, medical doctor prescription for therapy (requires an M.D. signature), release of liability form, authorization for emergency medical treatment, attendance agreement/cancellation policy, participant's application and health history and photo release. Please note that if the client is of legal age and mentally competent, he/she may complete the forms without a parent/guardian's signature.

Prior to sessions beginning, your child's therapist will also need a copy of your child's current medical coverage card(s) (front and back please, for use in the event of an unanticipated problem).

The therapy sessions will be conducted at 366 Mesa Verde, Las Vegas, 89123. The nearest cross streets are Bermuda and Windmill OR Las Vegas Boulevard and Windmill.

On days when therapy will occur:

- Wear long pants and supportive, closed shoes
- Dress appropriately for the weather – call the therapist if there are winds > 20 miles per hour or if it is raining before making the trip to the facility
- Wear sunscreen (therapy occurs outdoors)
- Drink plenty of water; bring fluids to drink at the session
- Bring some snacks such as juice, raisins, fruit roll ups, candy, crackers
- It is a good idea to eat 2 or more hours prior to your session (versus just before)
- Bring your child's helmet if you have one – helmets are available at the site but may not have as good of a fit
- There are a few instances where a child, for a variety of different reasons, may not be one who can benefit from hippotherapy – this will be discussed with the family/caregivers at the first session

If you have any questions, please contact the therapist who will be providing hippotherapy: Karen Siran-Loughery, Occupational Therapist (227-HIPPO (4477).