

Karen Siran-Loughery OTR/L Inc. dba

Dream Therapies

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SAFETY AND BARN RULES

- during equestrian activities ASTM/SEI helmets are to be worn at all times by those astride the horse unless otherwise advised by the therapist
- during equestrian activities, appropriate clothing must be worn including long pants and supportive closed shoes, unless otherwise advised by a therapist
- an adult must always supervise children
- in the event of sudden inclement weather, judged by the instructor or therapist to be unsafe, plus during any environmental watches/warnings, all lessons, therapy sessions will be ended and the horses returned to their stalls (or where owner requests)
- all attempts should be made to avoid startling the horses
- never walk or crawl under a horse
- never tie a horse to moveable objects
- never leave tack in a precarious position on/around the horse, for example, reins should not be left dangling on the ground
- when beside a horse always maintain a position that allows you to move away quickly should something cause the horse to shy
- if you notice someone engaging in unsafe activities/breaking safety rules and the instructor/therapist has not seen this – please let them know immediately
- be firm, consistent and gentle – horses are gentle animals that usually are quite willing to accept you as their leader
- be aware of all other property rules and emergency numbers
- if in doubt, ask a therapist or instructor.....



